

## **Town Welfare Offices:**

### **NEW HAMPSHIRE**

#### **PORTSMOUTH, NEWINGTON, NEW CASTLE, RYE**

City of Portsmouth Welfare Department  
Keith Bates, Director  
1 Junkins Avenue  
Portsmouth, NH 03801  
603-610-7260

#### **DOVER**

City of Dover Human Services Department  
Janet Poulin, Director  
288 Central Avenue  
Dover, NH 03820  
603-516-6500

#### **EXETER**

Town Office Building – Second Floor  
Sue Benoit, Welfare Director  
10 Front Street  
Exeter, NH 03833  
603-778-0591 Ext. 116

#### **GREENLAND**

Town of Greenland  
Karen Anderson, Town Administrator  
575 Portsmouth Avenue  
Greenland, NH 03840  
603-431-7111 Ext. 100

#### **SOMERSWORTH**

Somersworth City Hall  
Jen Bisson, Human Services Director  
One Government Way  
Somersworth, NH 03878  
603-692-9509

#### **STRATHAM**

Town of Stratham  
Paul R. Deschaine, Town Administrator  
10 Bunker Hill Avenue  
Stratham, NH 03885  
(603) 772-7391

### **Other Resources in New Hampshire**

Strafford County Community Action  
Dover 749-1334  
Rochester 332-3963  
Milton 652-9893  
Farmington 755-9305  
[www.straffcap.org](http://www.straffcap.org)

[www.211nh.org](http://www.211nh.org)

## **MAINE**

Eliot Welfare Department  
133 State Road  
Eliot, Maine 03903  
207-439-1813

Kittery Welfare Department  
Kathryn Pridham or Jonathan Carter  
200 Rogers Road  
Kittery, Maine 03904  
207-439-1633

South Berwick Welfare Department  
180 Main Street  
South Berwick, ME 03908  
207-384-3310

York Welfare Department  
Janis Marshall-Colby  
36 Main Street  
York, Maine  
207-363-1037

**Other Resources in Maine:**  
[www.211maine.org](http://www.211maine.org)